

# SEPTEMBER 2024



**SUN MON TUES WED THURS FRI SAT**

## WEEKLY FITNESS CLASS SCHEDULE

### MONDAY

- HIIT @ 6pm
- Pilates @ 7pm
  - 09/02 @ 11am - Yoga

### TUESDAY

- Zumba @ 6:30pm
- NEW Total Toning @ 7:30pm

### WEDNESDAY

- Kick & Kore @ 6:30pm
- Curls & Crunches @ 7:30pm

### THURSDAY

- Barre @ 6:30pm
- Yoga @ 7:30pm

### FRIDAY - SPECIAL

- Zumba Party @ 6:30pm

### SATURDAY - SPECIALS

- 09/07 @ 11am - Zumba Party
- 09/14 @ 11am - Yoga
- 09/21 @ 11am - Zumba
- 09/28 @ 12pm - Fitness Sampler

<b>7:10pm</b> <sup>1</sup> Pool Party w/Slide 12pm - 6pm	Summer BBQ Buffet & Beats by the Pool 12pm - 5pm <sup>2</sup>	Clubhouse Bar & Grill CLOSED <sup>3</sup>	Quizzo 7pm - 8pm Taco Night 5pm - 8pm <sup>4</sup>	<b>6:40pm</b> <sup>5</sup> Flick & Float: Outdoor Movie Night 7:30pm - 10pm	<b>7:10pm</b> <b>8:15pm</b> <sup>6</sup> Eagles Season Opener Watch Party 5-10pm	<b>4:10pm</b> <sup>7</sup> Beats By The Pool 3pm - 7pm Walking Club 10am
<b>1:40pm</b> <sup>8</sup> Final Pool Day w/ DJ 12pm - 7pm	<b>6:40pm</b> <sup>9</sup> Doggy Swim & Pup Cups 5pm - 7pm Wing Night 5pm - 8pm	Clubhouse Bar & Grill CLOSED <sup>10</sup>	<b>6:40pm</b> <sup>11</sup> BINGO 7pm - 8pm Taco Night 5pm - 8pm	Paint & Plant 5pm - 7pm <sup>12</sup>	<b>6:40pm</b> <sup>13</sup> Phillies Outdoor Watch Party & \$1 Dogs 6pm - 9pm	Community Chalk Mural 12pm - 4pm Walking Club 10am <sup>14</sup>
<b>1:35pm</b> <sup>15</sup> Craft Night 5pm - 7pm	<b>7:40pm</b> <b>8:15pm</b> <sup>16</sup> Wing Night 5pm - 8pm	Clubhouse Bar & Grill CLOSED <sup>17</sup>	<b>7:40pm</b> <sup>18</sup> Jeopardy 7pm - 9pm Taco Night 5pm - 8pm	<b>7:10pm</b> <sup>19</sup> Board Game Night 5pm - 9pm	<b>7:10pm</b> <sup>20</sup> Open Mic Night 8pm - 10pm	Awkward Family Photoshoots 5pm - 7pm Walking Club 10am <sup>21</sup>
<b>1:40pm</b> <b>1:00pm</b> <sup>22</sup> Phillies/ Eagles Tailgate @ the Clubhouse 12pm - 5pm	<b>6:40pm</b> <sup>23</sup> Wing Night 5pm - 8pm	Clubhouse Bar & Grill CLOSED <sup>24</sup>	<b>6:05pm</b> <sup>25</sup> Rental Credit BINGO 7pm - 8pm Taco Night 5pm - 8pm	PJs & Pancakes: Breakfast for Dinner 5pm - 8pm <sup>26</sup>	<b>6:45pm</b> <sup>27</sup> St. Jude Children's Hospital Charity Mug Night 8pm - 11pm	Fitness Day Sampler 12pm - 2pm New Resident Meet & Greet 8pm - 11pm <sup>28</sup>
<b>3:05pm</b> <b>1:00pm</b> <sup>29</sup> National Coffee Day 3pm - 5pm	Wing Night 5pm - 8pm <sup>30</sup>					Walking Club 10am