

# JULY 2024



**SUN MON TUES WED THURS FRI SAT**

## WEEKLY FITNESS CLASS SCHEDULE

### MONDAY

HIIT @ 6pm  
Pilates @ 7pm

### TUESDAY

Zumba @ 6:30pm  
Fab Abs @ 7:30pm

### WEDNESDAY

Kick & Kore @ 6:30pm  
Curls & Crunches @ 7:30pm

### THURSDAY

Barre @ 6:30pm (No Class 7/4)  
Yoga @ 7:30pm (No Class 7/4)  
07/04 - Special Yoga w/Ashley @ 11am

### POP - UP

07/4 Poolside Zumba w/Alex @ 12pm

### POP-UP

07/18 - Wine & Yoga @ 7:30pm

### FRIDAY

NEW Aqua Blast @ 12pm  
Zumba @ 6:30pm

### SATURDAY

NEW Morning Yoga @ 11am

1	1 Wing Night 5pm-8pm	2 Tacos & Tequila by the Pool 5pm-8pm	3 Pool Party 12pm -7pm All American Quizzo 7pm	4 4th of July BBQ 12pm-5pm Pool Party w/Waterslide 12pm -7pm DJ Lil 1pm - 5pm Bonfire & S'mores 7pm - 10pm	5 Pool Party w/Waterslide 12pm -7pm DJ Lil 1pm - 5pm Bonfire & S'mores 7pm - 10pm	6 \$1 Hot Dogs 12pm - 5pm Pool Party w/Waterslide 12pm-7pm DJ Lil 2pm -6pm
7 Sunday Funday Drink Highlight & Waterslide 12pm-3pm	8 Wing Night 5pm-8pm	9 Tacos & Tequila by the Pool 5pm-8pm	10 Bingo 7pm	11 Cheesesteak & Craft Beer Happy Hour 5pm-8pm	12 Open Mic Night 8pm-11pm Hosted by Ardvark Felon	13 Pool Party w/ DJ Julz 2pm - 6pm
14 Sunday Funday Drink Highlight 12pm-3pm	15 Wing Night 5pm-8pm	16 Tacos & Tequila by the Pool 5pm-8pm	17 Quizzo 7pm	18 Wine & Wraps Happy Hour 5pm-8pm	19 Movie Night in the Pool 8:30pm	20 Mug Day 2pm - 5pm Gypsy Mother 2pm - 5pm
21 National Ice Cream Day Sundae Bar 1pm - 3pm	22 Wing Night 5pm-8pm	23 Tacos & Tequila by the Pool 5pm-8pm	24 Rental Credit Bingo 7pm	25 Burgers & Beer Happy Hour 5pm-8pm	26 Mug Night 7pm - 11pm DJ Cruz	27 Day of the Cowboy DJ Lil 2pm - 6pm
28 Sunday Funday Drink Highlight 12pm-3pm	29 Wing Night 5pm-8pm	30 Tacos & Tequila by the Pool 5pm-8pm	31 Quizzo 7pm			