

# DECEMBER 2021

## FITNESS CLASS SCHEDULE

\*THE INDOOR POOL WILL BE CLOSED & FITNESS CLASSES WILL NOT TAKE PLACE 12/23-01/02\*

### MONDAY

HIIT.....6:00pm

12/20 - 12 Days of XMAS HIIT Workout - 6pm

### TUESDAY

Barre.....6:30pm

### WEDNESDAY

Kick & Kore.....6:30pm

### THURSDAY

War on Core.....6:15pm

Yoga.....7:00pm

12/16 - Wine & Candlelight Yoga - 7pm

### Special Saturday Classes

12/4 - 8 Days of Hanukkah - 9am

12/11 - Kids Workout Class - 10am

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b> Quizzo 8pm	<b>2</b> Steak Night 6pm-8pm	<b>3</b> Karaoke Night 9pm-12am DJ Dance Daddy	<b>4</b> Kick the Keg 8pm
<b>5</b> Sunday Football Menu 12pm-7pm	<b>6</b> Wing Night 5pm-9pm	<b>7</b> Taco Tuesday 5pm-9pm	<b>8</b> Holiday Party 5pm-9pm	<b>9</b> Thursday Night Football	<b>10</b> National Lager Day 8pm	<b>11</b> \$1, \$2, \$3 10pm-12pm
<b>12</b> Sunday Football Menu 12pm-7pm	<b>13</b> Wing Night 5pm-9pm	<b>14</b> Taco Tuesday 5pm-9pm	<b>15</b> Holiday Quizzo 8pm	<b>16</b> Holiday Dinner 6pm-8pm	<b>17</b> Ugly Sweater Mugnight 9pm-1am DJ Cruz	<b>18</b> \$20 Open Bar 8pm-11pm
<b>19</b> Sunday Football Menu 12pm-7pm	<b>20</b> Wing Night 5pm-9pm	<b>21</b> Taco Tuesday 5pm-9pm	<b>22</b> Bingo 8pm	<b>23</b> Closed for Holidays	<b>24</b> Closed for Holidays	<b>25</b> Closed for Holidays
<b>26</b> Closed for Holidays	<b>27</b> Closed for Holidays	<b>28</b> Closed for Holidays	<b>29</b> Closed for Holidays	<b>30</b> Closed for Holidays	<b>31</b> Closed for Holidays	