

# NOVEMBER 2022

## FITNESS CLASS SCHEDULE

### MONDAY

HIIT.....6:00pm

### TUESDAY

Zumba.....6:30pm

No Class 11/8

### WEDNESDAY

New Aqua Bootcamp.....5:30pm

Kick & Kore.....6:30pm

### THURSDAY

Barre.....6:30pm

Wine & Yoga (11/17).....7:30pm

### FRIDAY

Zumba.....6:30pm

### SATURDAY

Bootcamp (11/12).....11:00am

SUN	MON	TUE	WED	THU	FRI	SAT
		<b>1</b> Fitness Sampler 6:30-8pm	<b>2</b> General Knowledge Quizzo 8pm	<b>3</b> Eagles Thursday Night Football 8pm	<b>4</b> Board Game Night 8pm-10pm	<b>5</b> Karaoke Night 9:30pm-1:30am DJ Kage
<b>6</b> Brunch Buffet 12pm-3pm Red Zone Specials All Day	<b>7</b> Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-9pm	<b>8</b> Closed	<b>9</b> Bingo 8pm	<b>10</b> Steak Night 6pm-9pm Thursday Night Football 8pm	<b>11</b> Cornhole Tournament 8pm	<b>12</b> Comedy Night 10pm John Phillips
<b>13</b> Brunch Menu 12pm-3pm Red Zone Specials All Day	<b>14</b> Wing Night 5pm-9pm Eagles Monday Night Football 8pm	<b>15</b> Closed	<b>16</b> General Knowledge Quizzo 8pm	<b>17</b> Thanksgiving Dinner 6pm-9pm Thursday Night Football 8pm	<b>18</b> Mugnight DJ Cruz 9:30pm-1:30am	<b>19</b> New Resident Night 9pm-1am DJ Cruz 9:30pm-1:30am
<b>20</b> Brunch Menu 12pm-3pm Red Zone Specials All Day	<b>21</b> Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-9pm	<b>22</b> Closed	<b>23</b> Closed for the Holiday	<b>24</b> Closed for the Holiday	<b>25</b> Closed for the Holiday	<b>26</b> Closed for the Holiday
<b>27</b> Brunch Menu 12pm-3pm Eagles Home Game Specials	<b>28</b> Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-9pm	<b>29</b> Closed	<b>30</b> Rental Credit Bingo 8pm			