

AUGUST 2022

FITNESS CLASS SCHEDULE

MONDAY

HIIT.....6:00pm

TUESDAY

Zumba.....6:30pm

WEDNESDAY

Kick & Kore.....6:30pm

THURSDAY

Barre.....6:30pm

SPECIAL CLASSES!

Aqua fit (8/2).....5:30pm

Bootcamp (8/6).....11:00am

Kids Aqua Fit (8/16).....5:30pm

Sunset Yoga (8/18).....7:30pm

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--|---|---|--|---|---|
| | 1 Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-8pm | 2 Tacos & Tequila Tuesday 5pm-8pm | 3 Bingo 8pm | 4 Volleyball Specials 4pm-9pm | 5 Jaws Movie Night 8:30pm-11pm | 6 Root Beer Float/Bring Your Own Float Day 1pm-3pm |
| 7 Dog & Dash 12pm-2pm in the Dog Park | 8 Wings 5pm-8pm | 9 Walking Tacos & Taco Tuesday 5pm-8pm | 10 General Knowledge Quizzo 8pm | 11 Darts Specials 7pm-10pm | 12 \$3 Kids Menu Items 2pm-7pm \$1,\$2,\$3 Drink Specials 8pm-11pm | 13 Mug Day 12pm-5pm Beer Olympics 3pm DJ Cruz 2pm-6pm |
| 14 Lazy Sunday Bring Your Own Float 1pm-3pm | 15 Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-8pm | 16 Tacos Tequila & Tunes 5pm-8pm Name that Tune 8pm-9pm | 17 Bingo 8pm | 18 Board Game Night 8pm | 19 Pool Deck Power Hour 8pm | 20 Volleyball Games 3pm DJ QuiteFrankly 2pm-6pm |
| 21 Mimosas, Bloody Mary's & Summer Shandy Specials 12pm-3pm | 22 Wings 5pm-8pm | 23 Walking Tacos & Taco Tuesday 5pm-8pm | 24 General Knowledge Quizzo 8pm | 25 Happy Hour & \$3 Kid's Menu 5pm-7pm | 26 Mug Night 9pm-1am DJ Lil' | 27 New Resident Day 12pm-7pm DJ Lil' 2pm-6pm |
| 28 Kids' End of Summer Party 4pm-8pm DJ JohnnyGonz | 29 Wingin' It Monday 10 Wings & Domestic or Well Drink for \$15 5pm-8pm | 30 Tacos & Tequila Tuesday 5pm-8pm | 31 Rental Credit Bingo 8pm | | | |